

ANNUAL REPORT

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MESSAGE FROM THE ROYAL PATRON



“Supporting the fight
against this insidious
disease is the key to
creating a cancer free
nation”.

- *Her Royal Highness Ashi Kesang Wangmo Wangchuck*

Our Profile

The Bhutan Cancer Society is a Civil Society Organization (CSO), registered on the 10th April 2015 as per the CSO Act 2007.

The Society is established as a Public Benefit Organization (PBO) under the patronage of **Her Royal Highness Ashi Kesang Wangmo Wangchuck.**

WHAT WE DO



Our Core Programme

The Services

BCS collaborates with the relevant agencies to conduct effective advocacy and awareness programs to sensitize the general public on the role of Bhutan Cancer Society in promotion of psycho-social well-being of individuals and families affected by cancer.



Through appropriate research and constant fund raising, BCS provides support to the patients and their families, either directly or indirectly.

These support are focused mainly on advocacy, counselling, financial support, patient navigation, Palliative Care and referral to appropriate medical professionals.

ACTIVITY REPORT 2022

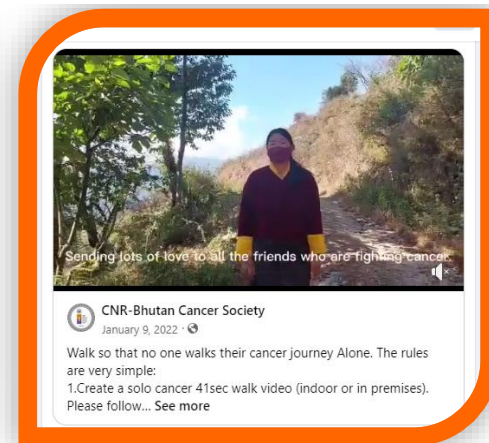
Advocacy & Awareness



The BCS observed the World Cancer Day by strengthening its partnership with the Oncology Departemnt, its network groups and volunteers by pledging to cater improved and quality services in commitment towards the event's theme "Close the Care Gap".



41 Seconds **C**hallenge **W**alk



The 41 seconds challenge walk was initiated to support, honor and remember the survivors and fighters of cancer.

The BCS' volunteers from its network groups joined the initiative and advocated with the slogan **"I walk so that no one walks the cancer journey alone"**.

Series: Let's Talk Tobacco



A series of awareness on tobacco and its ill effects was conducted across high schools and colleges in Thimphu and Paro.

The program targeted high school and university students to prevent from harmful use of tobacco towards the prevention of cancers associated to tobacco.



NATIONAL FLAGSHIP PROJECT



As a key stakeholder for the National Flagship project towards the elimination of Cervical, Breast and Stomach Cancer in the country, the Bhutan Cancer Society played a major role in assisting the project team with resources such as human and health equipment.



Record of total women coverage

Sl. No.	Target Dzongkhags	HPV Screening	Services & Intervention			
			Colposcopy	LEEP	Biopsy	Thermo
1.	Thimphu		500	76	111	41
2.	Wangduephodrang		975	223	250	111
3.	Paro	457				
4.	Punakha	1406				
5.	Trashiyantse		309	51	89	37
<p>A total of 4636 women were screened for cervical cancer</p>						



CARE & SUPPORT

As the only Civil Society Organization in the country advocating on services and care for lives affected by cancer, the Care and Support is one priority area that the Society focuses on.

These support are focused mainly on personal interaction, advocacy, counselling, financial support, peer support programs and referral to appropriate medical professionals.

Area of Support



- 1. Patient Navigation
- 2. Transit Support
- 3. Logistic & Essential Support
- 4. Nutritional Supplement
- 5. Life Saving Equipment
- 6. Review & Treatment
- 7. Semso



Sl. No.	Area of Support	Amount Spent (Nu.)	No. of Cases supported
1.	Patient Navigation		
2.	Transit Support	60,965.00	
3.	Logistic & Essential Support	223,914.00	
4.	Nutritional Supplement	320,540.00	
5.	Semso	3,000.00	
6.	Commiseration (Semso)	20,000.00	
Total Expenditure		1,101,096.00	42

The BCS' services in facilitating access to timely and quality services, navigation, and counseling play a vital role as the **Majority** of the patients come from rural parts of the country with little or no knowledge of the services available.

The program provide patients with the resources and tools they need to manage their health effectively. This includes access to healthcare professionals, educational materials, and support groups.

The BCS facilitate these services through its WeChat group "Friends of Bhutan Cancer Society".



RESEARCH



*Bust the stigma
against*

CERVICAL CANCER



Under the BCS' core program "Research", the Society initiated on a project to research on Stigma on Cervical and Breast Cancer.

The Ministry of Health supported the research with financial assistance.

SERVICES DURING COVID-19 LOCKDOWNS



The BCS partnered with the Bhutan Kidney Foundation to assist the government to contain the Covid-19 cases by providing transportation services such as:

1. Transporting patients and their caregivers from home to hospital to undergo scheduled treatment;
2. Support with essential items to patients at Kidu Patient Guest House and others.
3. Facilitate with the delivery of medicines to the patients.

SUPPORT FROM THE PEOPLE OF JAPAN



Under the Grant Assistant for Grassroots Project (GGP) scheme, the Embassy of Japan in New Delhi supported the BCS' project "Provision of medical equipment and a medical van for the early detection of cervical cancer in women in far flung areas of Bhutan".

The equipment handover ceremonial was held on 26th October, 2022 in Thimphu with attendance by Her Excellency Ms. HOKUGO Kyoko, Minister (Economic and Development) and delegates from Embassy of Japan, BCS' Board Members, representatives from government agencies and CSO partners.

Under the project, the grant included:

- ✓ One unit of portable ultrasound;
- ✓ One unit of colposcopy,
- ✓ One unit of thermo-coagulation,
- ✓ Two units of Height and weight machine;
- ✓ Three units of head lights; and
- ✓ One Hilux



NETWORKS & CONTRIBUTION



The Bhutan Cancer Society-RTC orienting its club members of 2022.

The exchange programme between Bhutan Cancer Society-NRC and Bhutan Cancer Society-PCE based in Paro.



The awareness program by Bhutan Cancer Society-PCE at Rinpong Dzong in Paro.



The members of Bhutan Cancer Society-RTC expressed their solidarity and support to the Society's counseling services through the painting on the World Mental Health Day.

Clinical Counseling forms an important part of the BCS' services. The service provides affected population with the opportunity to address their emotional and psychological concerns in a supportive and non-judgmental environment.

Through this service, patients and their caregivers learn effective coping strategies, develop healthy communication skills, and gain insight into their thoughts and behaviors.

WHO 75TH SEARO REGIONAL CONFERENCE



The Bhutan Cancer Society joined nine other CSOs from 5th - 9th September exhibiting about the organization. The exhibition covered the following areas to promote the organization.

- ✓ Background and history of the organization;
- ✓ The Society's thrust area of work and activities;
- ✓ Past projects and achievements;
- ✓ Contribution and services rendered during Covid-19 Lockdown;
- ✓ Success stories/Story of Change of its beneficiaries;
- ✓ Future projects.

BCS TEAM – Executive Board



Dr. Sangay Thinley
Chairperson



Dr. Ugyen Tshomo
Board Director



Aum Tandin Pemo
Board Director



Dr. Tashi Dendup
Board Director



Ms. Thinley Dem
Board Director



Dr. Tashi Tobgay
Board Director



Aum Tshering Dolkar
Board Director



Mr. Tsewang Rinzing
Board Director



Mr. Dawa Penjor
Board Director

BCS TEAM – Secretariat



Ms. Sonam Yangchen
Executive Director



Ms. Kencho Dema
Accounts Officer

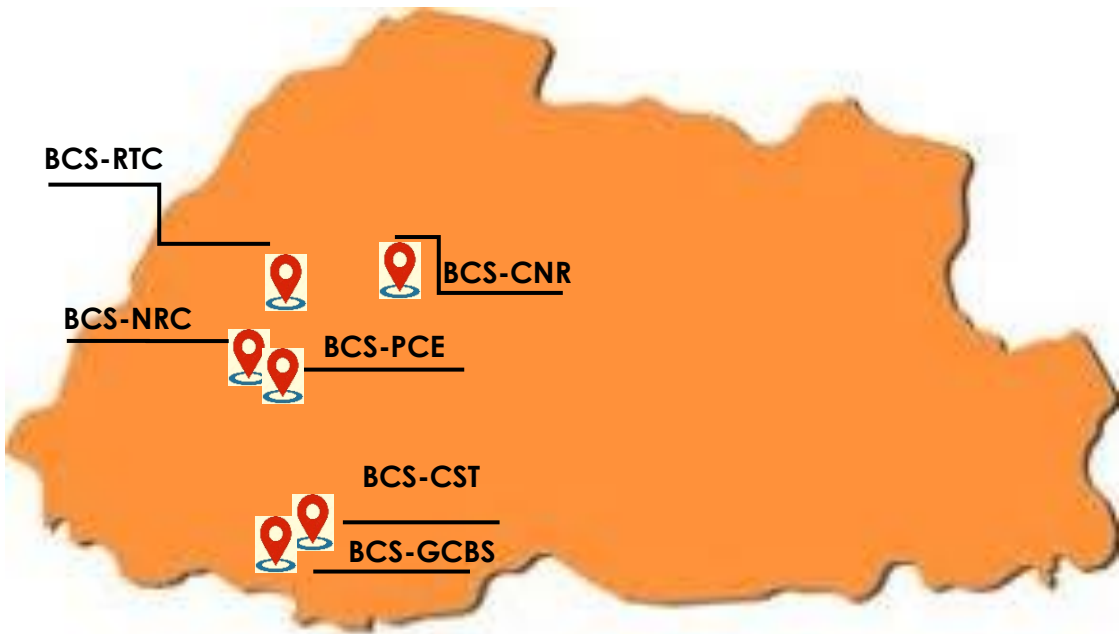


Ms. Pema Yangchen
Programme Officer



Ms. Anu Rai
Clinical Counselor

NETWORKS





NATIONAL ORDER OF MERIT (GOLD)

BHUTAN CANCER SOCIETY

Granted by His Majesty The King
on the National Day 2016

For volunteering time and effort towards promoting humanitarian values, our culture and tradition, and our national objectives; for working passionately and tirelessly for the benefit of others; for taking on the responsibility to provide support and assistance wherever the government is unable to reach, and for keeping alive the sacred values of compassion and empathy.

PARTNERS & STAKEHOLDERS



HELVETAS
BHUTAN



Bhutan
FOUNDATION

Yale



Old Phuensum School
Changzamtog, Thimphu
P.O. Box No. 169

Email: bhutancancer15@gmail.com

Website: www.bhutancancersociety.org

Facebook: @BhutanCancerSociety

Contact: +975-2-339174/17483505